

SUPPLEMENTARY FOOD BOX PLAN (HOUSEHOLD OF 4 FOR A WEEK)

Item	amount	Where to get it	price per item	total price
eggs	1 dozen	Walmart/Aldi		1.49
milk	1 gallon	Aldi		0.99
cereal	2 boxes	Aldi	1.45 per box	2.9
ground sausage	1 pound	Aldi	1.99 per lb.	1.99
American cheese	16 oz	Walmart	.08 per slice	1.88
fruit cups	1 pkg (4 4oz cups)	Walmart	.41 per cup	1.64
lunch meat	16 oz	Aldi	.19 per lb.	3
apples	3 lb. bag	Aldi	1 per lb.	3
pickles	24 oz	Aldi/Walmart	.6 per oz	1.44
Mac and cheese	4	Aldi/Walmart	.47 per box	1.88
canned vegetables	4	Aldi/Walmart	.50 per can	2
beef patties	5 lbs. (20 patties)	Walmart	.45 per patty/1.80 a lb.	8.98
hot dogs	12	Aldi	.07 per hot dog	0.89
hot dog buns	8 buns	Aldi	.11 per bun	0.89
margarine	16 oz	Walmart/Aldi	.21 per stick	0.84
burger buns	8	Aldi	.11 per bun	0.89
ajax dish soap	28 oz	Walmart		1.64
toilet paper	12 rolls	Aldi	.60 per roll	7.15
laundry detergent	192 fl oz	Walmart	.03 per oz	4.92
			Total	48.41

6/10/2020